



## Egypt Spiritual Retreat - April 28<sup>th</sup> – May 9<sup>th</sup>

### Day 1

Sun, 28<sup>th</sup> April.

Arrival at Cairo Airport, Egypt. Dinner Included

- You will be greeted and assisted by our representative at Cairo International Airport and directed to the hotel, Le Meridien Airport, or Similar (Around Airport). Our assistant will be on-site, ready to greet you, with our Sign.
- Enjoy the rest of the day at your leisure.
- Opening sacred circle meeting with Donna
- Welcome Dinner



### Day 2

Mon, 29<sup>th</sup> April.

Cairo/ Steps Pyramids (Sakkarra)

- After breakfast we depart the hotel to explore the oldest pyramids in the world Steps Pyramids
- We Drive 15 KM South of Cairo to Sakkara explore the area & get initiated for our trip.
- Lunch not included.
- Visit and explore the famous Egyptian tapestry school for handmade rugs and carpets
- Private visit to Sheik Abdul's perfumery to learn about Egyptian perfume making and essential oils. Meet the owner Gamel (a Famous Egyptian Reiki healer and psychic) and learn about the seven sacred oils and the oils dedicated to most of the famous Goddesses of Egypt
- Back to the hotel
- Dinner & overnight



### Gnosis of Sakkara

Sakkara opens the portal to communication, growth, expansion and speaking one's higher personal truth. This site is aligned with the God Thoth known as the enlightened communicator, the holy scribe and wisdom keeper.

### Our Journey

*Whilst exploring Sakkara we will be enhancing our Throat Chakra connection by connecting deep with the energies of Thoth. As your material body becomes more spiritualized, you are more able to receive the illumination that Thoth represents. It is only now that higher intelligence can enter the renewed heart and the heart /mind connection becomes complete. Thoth set a divine example as a just judge and an incorruptible official. He lifted Ma'at, the goddess of justice, to her father, Ra. Thoth was responsible for framing and enforcing the laws of Ma'at. In this role, he could be either a gracious peacemaker or a merciless executioner.*



## Day 3

**Tuesday, 30th April.**

### **Aswan (Elephantine Island & Nubian Village) Breakfast, Lunch & Dinner Included**

- After breakfast, we will check out of the hotel then walk to Cairo International airport. (Domestic Hall) to board the domestic flight to Aswan. (MS.....at.... - 70 Min Flight Included)
- Upon arrival explore the Elephantine Island & Nubian Village great walking tour to explore this mysterious island that has layers of the hidden Egyptian History
- We will cruise the river in a simple motorboat to the lovely Nubian village, where we will have time to enjoy a wonderful time with the villagers who will sing and dance for your entertainment.
- Enjoy the Nile journey and scenery, including nesting migrating birds from Europe and Africa. Plus Enjoy the Sahara Desert before visiting the Nubian Houses, meeting families in their homes, and learning about their culture and traditions By midday, we will check into the hotel, Old Cataract hotel or Movenpick Island Aswan and have some time for rest.
- Dinner and overnight at our hotel.
- Possibility of Shopping Cotton & Papyrus



## Day 4

**Wed, 1st May.**

### **Philae Temple (private Visit), / Kom Ombo. Breakfast, Lunch & Dinner Included**

- Early morning (03.00 AM) we will depart the hotel to enjoy our private Visit to the Temple of Isis in Philae
- Back to the hotel for breakfast & rest
- 11.00 check out the hotel then we will embark on our Private Dahabiya Nile Boat Cruise sailing down the Nile towards Kom Ombo City and enjoy an included lunch with a mixture of local cuisines
- Late afternoon we will visit the Temple of Kom Ombo
- Dinner Onboard the sailing boat
- Overnight onboard the Dahabiya





## Gnosis of Aswan & Philae Temple

Aswan is considered the Root Chakra. The main god of Aswan is Khnum, the ram-headed god — the god of creation who sits on the potter's wheel and forms and makes individuals out of clay. When visiting Aswan, many people experience what is described as "a new birth"

### Our Journey

*Here we are at the Root chakra, Philae Temple of the Goddess Isis (Love & Magic Goddess), here we will enjoy the link and connection with Isis in our visit and activate a deeper essence of our divine feminine Energy. Philae is the place where Isis found the heart of Osiris and then, buried it in a nearby island. Isis was an important figure in the ancient world because she was the enchantress, who resurrected Osiris and gave birth to their son Horus. This is the journey of calling home all your lost or dormant soul fragments, just as Osiris was rebuilt, (re- membered) returning to wholeness.*

**Dahabiya Nile Cruise:** is a passenger boat used on the River Nile in Egypt. The term is normally used to describe a shallow-bottomed, barge-like vessel with two or more sails. The vessels have been around in one form or another for thousands of years, with similar craft being depicted on the walls of the tombs of Egyptian Pharaohs. Indeed, the name is thought to derive from the Arabic word for "gold" owing to similar gilded state barges used by the Muslim rulers of Egypt in the Middle Ages. During the 1920-1940's it was commonly used during those elegant days of the monarchy when aristocrats, pashas, emirs, sultans and sophisticated travellers loved to cruise the Nile in style. Before the introduction of steamboats, the Dahabiya was the most normal way for travellers to ascend the Nile and even after that they remained somewhat popular amongst the wealthy. It took from two to three months to ascend the Nile under wind power and another month-and-a-half to float back downstream, stopping at the great temples along the way. King Farouk, Churchill, Montgomery, Mark Twain and others settled in for the journey.

The Dahabiya's were popular amongst those who wished to enjoy Egypt at a leisurely pace, to drink in the landscapes and peruse the monuments and villages on the riverbanks. Those elegant days are revived with **Semi Luxury modern comforts and conveniences**. Spacious quarters include panoramic windows, a main salon, bar and sun deck. A skilled river captain and his crew are on board at all times. Meals will be taken on deck while you watch the timeless way of life along the banks of the Nile. The temptation to spend at least one night gazing at the stars and sleeping on deck may be irresistible!

**Our Private Semi-Luxury Dahabiya will accommodate us for 03 nights down the Nile towards the city of Esan ( 30 Miles before Luxor ), while enjoying the mysterious Nile River; the longest river in the world. This is a great opportunity to kick-back and watch life on the banks of the Nile going by. Our meals start with lunch, a mixture of delicious local & international dishes & cuisines served onboard. There are 2 stops at Kom-Ombo and Edfu,. Do not miss the Egyptian Night Party (Galabiya Party where everyone onboard including the staff will dress in traditional costumes).**





## Day 5

Thu, 2nd May.

**Sailing / Silsila / Edfu City. Breakfast, Lunch & Dinner Included**

- Breakfast on board whilst sailing down the Nile
- Lunch included on the boat
- Visit local farmers and fishermen on a small Island. This will be the time to give small gifts like candy to the local children
- Continue Sailing and dock for an overnight in one of the Island
- In the evening there will be a barbecue, music and singing and a "Galabeya" party, where everyone dresses up in traditional Egyptian costumes for dinner



## Day 6

Fri, 3rd May.

**Edfu Temple & Esna City. Breakfast, Lunch & Dinner Included**

- Breakfast onboard
- Visit Edfu city and Temple of Edfu. Visit to the temple of Horus, associated with sacral chakra
- Lunch included on the boat
- Spending the full day sailing towards Esna
- Possibility of Yoga & Meditation ceremonies onboard the Boat
- Dinner on the boat



## Gnosis of the Temple of Edfu & Temple of Horus

The temple was dedicated to the god Horus and was believed to be a place of healing and protection. It is believed that the temple was a place of pilgrimage for many people seeking spiritual guidance. Its walls were adorned with intricate hieroglyphs and sculptures depicting scenes from Egyptian mythology. This temple holds the Atlantean energy. Horus represents the power and importance of the sun and sky in all aspects of ancient Egyptian life. He serves as provider and protector of the Egyptian people. Edfu Temple is one of the most striking and complete of ancient Egyptian temples and is dedicated to the worship of the god Horus.

### Our Journey:

*At Edfu temple you will connect with your hidden emotions. If you are ready the energies here along with support from Donna will help aid you in detaching from the struggles of your higher and lower self. To let go of fear and negativity as we see the struggle between the higher and lower selves depicted on the temple walls. Welcoming more of your I am presence to your human reality. Embodiment of the next level of you. We will visit the sanctuary in the rear of the temple the 'Temple of Horus. Here you will feel the power of Horus very much alive and awake, welcoming the principles and properties of this divine God into every cell of your being. This is a magical journey of Re-Memebering, sacred spiritual gifts & tools, & who we truly are & why we came.*



## Day 7

Sat, 4th May

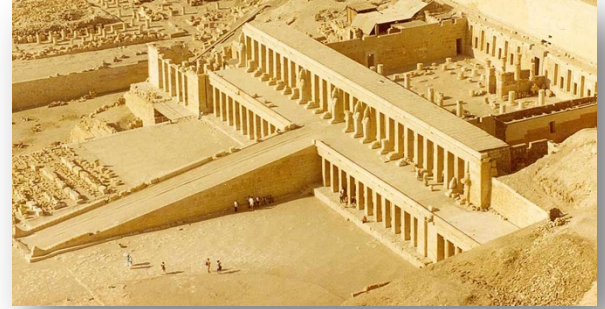
Esna, Luxor, West bank, Kings' valley, Hatshepsut Temple.

Breakfast & Dinner included

**EXTRA EXCURSION: Horse & Carriage Not Included. \$20 USD Per Person**

**King Tut Ank Amonn tomb (\$30 USD Per person)**

- After breakfast, we will disembark and drive from Esna to Luxor west bank of the Nile
- We will cross the Nile to visit the vast burial city called the Necropolis of Thebes
- We will stop at the fabled Colossi of Memnon and the (The first female ruler)
- We will wander at the Valley of the Kings step from a sun-drenched landscape into the dark silence of the tombs
- We will make a quick stop at a local stone cutter factory (Alabaster Shop) to watch how the ancient cut and sculpted their monuments and explore the ancient imitation of antique or replicas with alabaster & basalt plus granite statues
- Lunch not included
- Check-in at our hotel (Or a similar five stars hotel)
- The rest of the afternoon will be spent at your own leisure
- You may like to join a sunset trip by 'horse & carriage' through the non-touristy part of Luxor to explore the rural Egyptians' real-life (Min.60 min. trip). Highly recommended
- Dinner included



## **Gnosis on Temple of Hatshepsut & Valley of the Kings**

The Temple of Hatshepsut is not only a memorial temple that honors Queen Hatshepsut, it is also one of the greatest Egyptian architectural achievements. The temple's unique and beautiful design stands out from other ancient Egyptian temples. It is built into a cliff face and has a series of terraces leading up to the main entrance. The walls are decorated with reliefs depicting scenes from Queen Hatshepsut's life and reign and images of gods and goddesses. Hatshepsut, female king of Egypt (reigned in her own right c. 1473–58 bce) who attained unprecedented power for a woman, adopting the full titles and regalia of a pharaoh. At either end of the second level colonnade were two temples: The Temple of Anubis to the north and The Temple of Hathor to the south. As a woman in a position of power, Hatshepsut had a special relationship with the goddess Hathor and invoked her often. A temple to Anubis, the guardian and guide to the dead, was a common feature of any mortuary complex; one would not wish to slight the god who was responsible for leading one's soul from the tomb to the afterlife.

### **Our Journey:**

*This is a journey of empowerment, as an embodiment of how you wish to be seen in the world. How will you choose to show up. Hatshepsut was a female king showing inner strength and power from within.*



## Day 8

Sun, 5th May.

**Karnak Temple (Private Visit), Luxor temple Breakfast & Dinner Included**

- Early Morning around 3 am, we will depart the hotel for our **private visit to Sekhmet's chapel** in the Karnak Temple, where we will have our morning circle
- We will walk through the seven doors into Sekhmet's Temple and experience the magnificent energies of healing and activation that she offers
- Breakfast at the hotel & rest
- No lunch included
- In the afternoon, we will wonder and explore Luxor's famous site (Luxor Temple), which is also associated with the Third Chakra.
- Shopping In Luxor. You will also have a chance to explore the world of precious stones like Lapis & Turquoise and visit the famous jeweler shops in Luxor where you can get Egyptian Gold cartouches with your name in Hieroglyphic.
- Dinner at the hotel



## Gnosis on the Karnak & Luxor Temple

The temple of Karnak describes the process of the creation of the manifest universe, the descent of spirit into matter using the Golden Blueprint of Creation. The essence of Karnak temple comes most alive in a small sanctuary dedicated to Sekhmet the lioness goddess of healing and war. The massive 134 pillars of the Temple of Karnak is the representation of our Solar Plexus chakra/

In the ancient world the tradition called The Masters of the Net, is an illustration from the temple walls at Karnak, showing Thoth, the Ibis headed God, who stands behind the Egyptian high culture, stretching a cord, to give the extent of spirit moving in to physical space. While the Masters of the Net was one expression of the type of initiation that took place in great spiritual systems, to teach initiates how spiritual forces can be brought into manifestation in the physical world, this net that is being described is the same thing that we find in modern physics as The Net of Space Time.



## Our journey:

*We will walk through the seven doors into Sekhmet's temple and experience the magnificent energies of healing and activation that she offers. Sekhmet is the Master Healer and offers so much to those willing to receive. She awakens the body to the light welcoming the wisdom of the soul as the multidimensional being. Donna has a deep resonance with Sekhmet as has spent time alone inside her temple in this lifetime & received a gift of deep initiations & activations.*

*We next visit Luxor temple which is also associated with the Third chakra. The Temple of Luxor describes the structure of the human body, incorporating its energy centers, the Chakras, it is a journey into all the charkas.*





## Day 9

Mon, 6th May

### Dendera Temple, Breakfast & Dinner Included

- After Breakfast at 09.00 we will drive north of the Nile to Explore the most beautiful temples on the Nile
- 11.00ish explore temple of Dendera (Land of the Gods), the Temple dedicated to Goddess Hathor. And associated with heart chakra
- 14.00 we will drive back to Luxor
- Rest of the afternoon free
- Dinner & Overnight

### Gnosis on Dendera

Dendera dedicated to Hathor, the goddess of love. Naturally, this center corresponds to the heart chakra and as such deep nurturing energies of acceptance and love are available.

### Our Journey

*Hathor is the anchor point of all the Spectrum teaching holding her space in the Earth Star chakra, the foundational wisdom pool of truth in which you live your earthly reality. Hathor's energetic intelligence is like a fierce grace. In Egypt, the cow who ploughs the earth and offers her milk and meat for sustenance is also the cow Goddess, Hathor, from whose breasts flow the nourishment of the Milky Way the mana of the celestial river of life. Ancient Egypt is shamanic at its core. Donna shares these Shamanic truths at the same depth through the Spectrum Technology - which states the God/Goddess is within us all aligned in harmony with nature, all elementals & in peace with sentient kind. Hathor is a Medicine woman full of beauty who has integrated the light and shadow into a magical blend of higher love and wisdom in her gold and silver cauldron of healing. She is so aligned to the teachings of Spectrum as she embodies the gold (yang) and Silver (yin) which fills the earth star's wisdom pool of truth, creating full acceptance bringing the need for play into this world and offering endurance, resilience and stamina to reach your full potential.*





**A Hot Air Balloon** ride in the early morning is one of the most breathtaking ways to see Luxor. The sunrise view you'll catch while floating up in the clouds is really worth waking up early, the way the sun hits the magnificent temples and lights up the green of the Nile banks is a sight you will never forget. It is an amazing way to see world's largest open air museum. Early pickup from your hotel will take you to the balloon over Luxor to enjoy Min. 45 Min to 60 Min. cruising the clear sky of Egypt.



**Extra Optional: Balloon ride at the west bank of the Nile, 45-60 Min. \$125 USD Per Person**





## Day 10

Tue. 7th May

**Luxor / Cairo Overnight, Islamic & Coptic Cairo. Breakfast & Dinner Included**

- after Breakfast we will check out the hotel & drive to Luxor airport boarding our flight to Cairo
- Upon arrival we will explore one of Cairo popular site old Islamic & Coptic Cairo
- We will explore famous mosque and feel the energy
- Later we will explore the area & the cave that sheltered the holy family during their journey to Egypt
- Enjoy dinner before getting back to the hotel
- Check in & overnight



## Day 11

Wed. 8th May.

**Cairo, Giza Pyramids (Private Visit Cheops Pyramids only).  
Afternoon Free or the New Museum GEM if Open  
Breakfast & Dinner Included**

- Early morning start at 03.00 am
- We will enjoy a private entry (Before common tourists enter the area) to the Giza Pyramids and the King Cheops, where we will have our 'Morning Circle.'
- Breakfast and rest
- Around 12ish, we will depart to visit the Museum if open (if not we will have free time )
- enjoy the authentic Egyptian farewell Dinner
- Back to the hotel for overnight stay



## Gnosis on the Great Pyramid

The Great Pyramid is a representation of the human skull, and therefore the King's Chamber is representing the core center of the Earth, and therefore representing the core center of the human brain! Therefore, the Chamber of the Great Pyramids is connected to our Crown Chakra and the earth Element

The Ancient Egyptians believed that it was here that they taught the mystery of the immortality of the soul. It is evident that the knowledge possessed during the times the Pyramids are said to have been built included a complete grasp of astronomy, solar systems, planetary bodies, distances, the procession of the equinoxes and the fixed star groupings, sacred geometry, advanced mathematics, physics & geography.

## Our Journey:

*Here we will connect with the energies of the Great Pyramid where you will feel a sense of a doorway between dimensions. Here we will move through ancient passages and the deepest corners of our souls. A multidimensional experience like no other.*



## Day 12

Thu. 9th May

**Cairo departure, Breakfast Included**

- After Breakfast, you will get transferred to Cairo international airport for boarding your international flight back home.
- Airport Transfer (Exclusion: International flight, Departure Tax)

### **Summary of Inclusions:** -

- 2 night Le Meridien hotel at the Airport in Cairo
- 1 night in Aswan at hotel Old Cataract or Movenpick 5-star hotel (with breakfast & Dinner )
- 3 nights full- board on the private Dahabiya (Semi Luxury) sailing boat Nile Cruise
- 3 night in Luxor either at hotel Nile Hilton resort or Sofitel winter Palace hotel or similar 5 stars hotel with breakfast
- 2 nights at The Marriott Mena House Hotel in Giza or Hyatt Regency new Giza or similar
- 3 Private visits (The Great Pyramid of Cheops, The OSIRION Temple in Abydos, The Temple of Isis in Philae, and Karnak temple)
- All Meals mentioned in the itinerary. 10 Breakfasts, 5 Lunches, 10 Dinners
- Transportations. Arrival and departure Transfer and meet and greet assistance at the airport
- All excursions with air-conditioned tourist bus recent model 2022/2023 (depending on group size)
- Domestic Flights economy class (Cairo/ ASWAN & Luxor / Cairo)
- All entry fees to the sites as per Itinerary
- Water bottles 2 per day
- Tipping to service Providers e.g Drivers, Reps , Porters , waiters etc
- Qualified expert English speaking Egyptologist Guide/ tour manager escorting the tour from beginning to end
- Nubian village tour in Aswan
- Visa only for Australian, American / Canadian, British Citizens'
- Shopping opportunities



## Tour Price Exclusions:

- Rooms upgrade
- Airfare to and from Egypt (international flights)
- Personal Tipping for tour guide/ Egyptologist or guards etc
- Cancellation and Medical Insurance
- Any meals and drinks not specified on the itinerary
- Cost to obtain a valid passport
- Departure tax and travel insurance
- Anything not listed on the itinerary or Extra excursions
- Any items of a personal nature such as laundry, alcohol, drinks, calls ,internet or shopping etc
- Camel ride
- Medical requirements or expenses

**Surcharges Note:** Prices quoted for this itinerary based on the exchange rates published by on Feb. 2023 (\$1.00 = 29.40 LE Egyptian / or € 1.00 = 25.50 ) or \$1.00 = € 0.95)

## The price of your tour may be subject to surcharges on the following items:

- (i) Sudden Increase of transportation costs (Domestic or International Flights & Buses etc ) including the costs of fuel. (ii) dues, taxes or fees chargeable for services, such as landing taxes or embarkation or disembarkation fees at ports and airports or the increase of Sights' fees or domestic flight fees and Fees for entrance Visits & Admission Fees to Private Sites etc. (iii) the exchange rates applied to the packages.
- Since these costs are beyond our control, we reserve the right to increase the amount of this charge at any time. We will of course inform you of any such change should that become necessary.

**If you cancel your trip:** You or any member of your party may cancel your tour at any time providing that the cancellation is made by the lead name in writing. As this incurs costs, we will apply the cancellation charges as below:

Period before departure within which written cancellation is received	Amount of cancellation charge shown as percentage of the tour price
Booking Deposit (\$ 1500 USD)	Non- Refundable
Between 60 and 46 days	75%
45 days or failure to arrive at departure airport	100%

## **Note: The prices given above based on the number of People joining the tour.**

\* In case of the acceptance a deposit \$ 1500 USD per person should be paid before beginning of Sep. (to start working on Private visits and Cruise plus Domestic Flights etc and this amount will be Nonrefundable), as well a Recent Copy of Passport with the first deposit should be sent.

\* Rest of the payment will be paid as follow: DEC. 2023 1st (2nd deposit \$ 1000 USD per person). Final payment Before trip start to Join the Trip (upon arrival on Cash basis payment, it must be in **USD currency minted after 2006**. (Note USD has to be minted after 2006 any paper printed before 2006 Egyptian banks and hotels do not accept or deal with it )